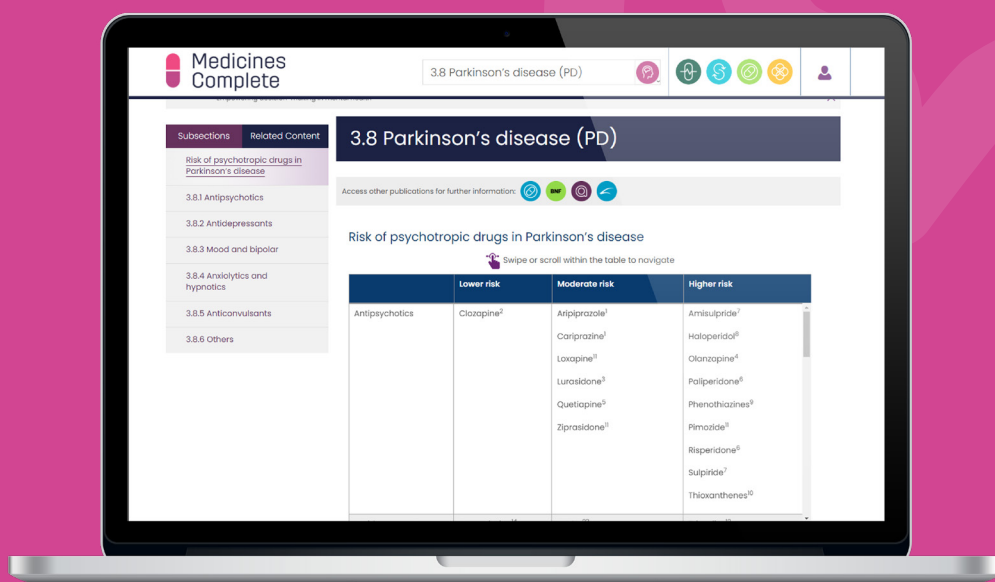




Psychotropic Drug Directory User Guide



Empowering decision-making in mental health



Psychotropic Drug Directory

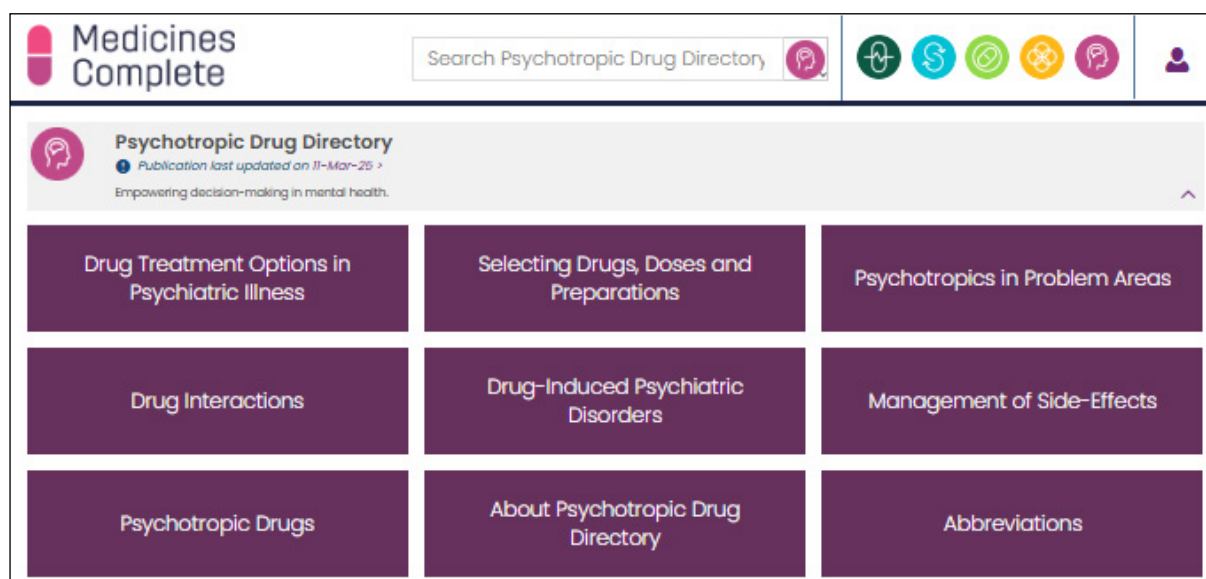
Available through

 **Medicines
Complete**



Psychotropic Drug Directory

Psychotropic Drug Directory available through **MedicinesComplete** provides expert drug information to support the optimal and evidence-based use of mental health medications, supporting health professionals to improve the quality of life for people with mental health diagnoses. It is organised into content topics, which align with key practical concerns of mental health professionals, such as selecting and switching medication, the management of side effects or interactions, and novel treatment options.



Beginning on the **MedicinesComplete** homepage, select **Psychotropic Drug Directory** in the publications list and click on the icon next to the **Psychotropic Drug Directory** title. This takes you to the **Psychotropic Drug Directory** homepage where you can now explore the main content topics:

1. **The Drug Treatment Options in Psychiatric Illness** has information on the diagnoses, and the role of medication in treating both common and more complex mental health conditions, highlighting which options are licensed or unlicensed
2. **Selecting Drugs, Doses and Preparations** guides the user on how to safely start, stop and switch different psychotropic medications
3. **Psychotropics in Problem Areas** provides crucial information when treating patients with specific co-morbidities, including summary tables outlining the risks of various psychotropic medication in each condition (e.g. epilepsy), followed by drug-specific data to assist in choosing an appropriate medication
4. **Drug Interactions** highlights key issues when co-prescribing psychotropics with both mental and physical health medication
5. **Drug Induced Psychiatric Disorders** lists where psychotropic medications could be causing or worsening psychiatric symptoms rather than stemming from the organic disease (e.g. agitation can be caused by aripiprazole)



6. **Management of Side Effects** contains key information on a range of common side effects, the psychotropic medications that cause them and how to effectively manage them to reduce distress to patient
7. The final sections contain a list of psychotropic drugs available in the UK.

1.10 Bipolar mood disorder

Access other publications for further information:



Links are provided in each section to other **MedicinesComplete** publications for complimentary information, and within each page references contain direct links to the paper for further research.

4.4 Mood stabilisers

Access other publications for further information:



Instant insight

The switching psychotropics content topic combines published data with clinical practice to provide practical information on how to safely and effectively switch medication.



Psychotropic Drug Directory

Psychotropic Drug Directory supports the optimal and rational use of mental health medications, to improve the quality of life for people with mental health needs.

**For more information on Psychotropic Drug Directory
please get in touch.**



For information and to contact our team
go to PharmaceuticalPress.com

Available through



Disclaimer

MedicinesComplete is aimed at health professionals and assumes a level of professional training to interpret the information on this site. Information on the selection and clinical use of medicines is designed for prescribers, pharmacists and other health professionals and is not suitable for patients or the general public. All information should be interpreted in light of professional knowledge and supplemented as necessary with specialist publications, and all users are responsible for ensuring appropriate use or reliance on such information. Although RPS make reasonable efforts to update the information on MedicinesComplete, RPS make no representations, warranties or guarantees, whether express or implied, that the content is accurate, complete, or up to date. So far as permitted by law, RPS will not accept liability for damages, in any form, arising from or in relation to MedicinesComplete, or for a temporary inability to access this site. For more information please see our Website Terms and Conditions.

© The Royal Pharmaceutical Society, 2025. Copying of MedicinesComplete content without permission is not permitted.